



# Saint Athanasius

ORTHODOX CHURCH

## Parish Life February 10 - 18

### Saturday, February 10 Memorial Saturday

- 6:15pm Memorial Litya (General)
- 6:30pm Great Vespers- Mini Vigil
- 7:30 Confessions

### Sunday, February 11 'Visitor Sunday'

#### *Sunday of the Last Judgment / Meatfare Sunday*

- 9am Proskomedie in the Nave (no Sunday School)
- 10am Divine Liturgy
- 12:00pm Fellowship Hour (Meatfare Potluck)
- 12:30pm Bread Ministry (Linda, Bethany)
- 5-7:30pm Youth Group/Meatfare Banquet

### Monday, February 12

### Tuesday, February 13

- 6:30pm Orthodox Christian Fellowship (OCF) at UK

### Wednesday, February 14

- 6:30pm Vespers
- 7:20pm Christian Ed Class: Guest Speaker, Scott Fennema

### Thursday, February 15

### Friday, February 16

### Saturday, February 17 Memorial Saturday

- 6:15pm Memorial Litya (Monks)
- 6:30pm Great Vespers
- 7:20 Confessions

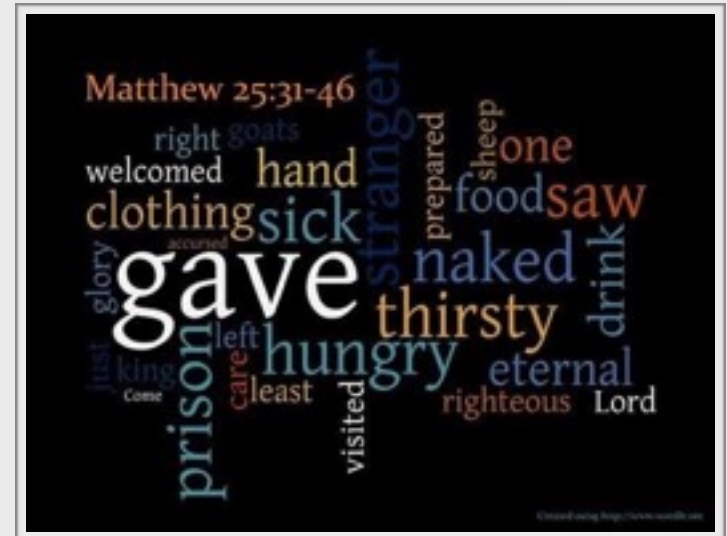
### Sunday, February 18 *Forgiveness Sunday / Cheesefare Sunday*

- 9am Sunday School
- 10am Divine Liturgy
- 12:00pm Fellowship Hour (Cheesefare Potluck)
- 12:30pm Bread Ministry (Collins, Hannah, Karis)
- 5pm Forgiveness Vespers – Opening Service for Great Lent

Sunday, February 11, 2018

Today's Readings: 1 Cor. 8:8-9:2 Matthew 6:14-21

*Sunday of the Last Judgment  
Meatfare Sunday*



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[www.athanasiusoca.org](http://www.athanasiusoca.org)

His Beatitude Tikon, Archbishop of Washington,  
Metropolitan of All America and Canada

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### Meatfare Sunday

Today is the last day for eating meat and meat products until Pascha, though eggs and dairy products are permitted every day during the coming week. This limited fasting prepares us gradually for the more intense fasting of Great Lent (beginning on Monday, February 19).

### A Special Welcome to All Visitors on this Visitor Sunday!

- ❖ You are invited to join us for our Meatfare Potluck after Liturgy.
- ❖ A church tour with Fr. Justin will also take place after Liturgy and he will be happy to take your questions.
- ❖ Please take one of the Visitor Booklets home with you. It has a brief parish history, ministry opportunities, and regular service events.

**Note to Youth Group:** Meatfare Banquet this Sunday evening will begin at **5pm** (instead of 6pm) and end at 7:30pm.

**Wednesday Vespers** at 6:30pm, February 14. For our Christian Education Class this week, Scott Fennema, a philosophy graduate student at UK, will be teaching a one-time class on "Providence & What it Means for Us." This class will tie in directly to some of the themes that Fr. Stephen will be sharing with us on March 3 when he leads our parish retreat on "Providence and the Divine Fire."

### Forgiveness Vespers next Sunday at 5pm.

Everyone should plan to attend as we enter into the Lenten season of prayer, fasting, & almsgiving. Lenten calendars w/ fasting information are available on the credenza.

This info is also on the website.

Date	Lead Servers	Bread Ministry	Doorkeeper	Greeter	Fellowship Hour	Hand-maidens	Prosphora
Feb 10/11	JP / Jared	Linda / Bethany	Chris Naughton	Rebecca Wilson	Meatfare Potluck	Teresa / Shannon	Alina Rizea
Feb 17/18	Silas / Jared	Hannah / Collins / Karis	Linda, Myra, Shannon	Josh Lourie	Cheesefare Potluck	Anya / Myra	Alina Rizea
Feb 24/25	Abial / JP	Ben / Becca	Paul Frangedakis	John Mize	Team III Bradshaw	Becca / Mandariah	Geoff Whiteman
Mar 3/4	Silas / JP	Anna / Sue	Jeff Hart	Rebecca Wilson	Team IV Cook	Suzannah / Karis	Lourie Family

## Welcome to St. Athanasius Orthodox Church

Please ask the greeter if you would like a Liturgy booklet to help guide you through the service. You may stand or sit at your comfort level. If you have questions, don't hesitate to ask a greeter or usher. We are happy you are with us today.

**NOTE: HOLY COMMUNION IS GIVEN ONLY TO ORTHODOX CHRISTIANS WHO HAVE KEPT FAST, MADE RECENT CONFESSION, AND ARE AT PEACE WITH NEIGHBORS.**

**Lenten 1-Day Retreat on Saturday, March 3 at St. Athanasius** with Archpriest Stephen Freeman, pastor of St. Anne Orthodox Church in Oak Ridge, TN. Fr. Stephen will be speaking on **Providence and the Divine Fire**. Fr. Stephen will explore themes from St. Dionysius the Areopagite (using some of Archbishop Alexander's work as a starting point) and suggest ways we might keep the fire going in our own hearts, as we seek to follow Christ. Mark your calendar for this special day!

**Etiquette Note: Handling the Holy Bread** After taking Holy Communion and at the end of the liturgy, it is traditional to eat a piece of holy bread or antidoron - the bread that was left over after Holy Communion was prepared. While antidoron is not Holy Communion, it is blessed bread and as such, should be eaten carefully so that crumbs don't fall all over the place. After taking Communion or kissing the cross at the end of the Divine Liturgy, take one piece of antidoron (you don't need four or five pieces) and when you return to your seat or get to a place where you can stop for a moment, eat the bread trying not to drop crumbs. If you want to give a piece to someone else, go ahead and take an extra piece - don't break yours in half (it produces too many crumbs). And monitor your children as they take the antidoron and teach them to eat it respectfully.

**Tithing Envelopes**—No 2018 boxed envelopes were ordered (in an effort to help reduce costs and waste). However, we do have 20 boxes left over from last year. If you would like one, please see Laura Walther.

**GIVE SECURELY ONLINE AT: [ATHANASIUSOCA.ORG/GIVE](http://ATHANASIUSOCA.ORG/GIVE)**

Counters—***Please allow them to be 1st kissing the Cross & coffee/food line.	Tray Offerings	<a href="http://tithely.org">tithely.org</a> offerings	Month-to-Date Offerings	Weekly Budget \$3,330.00	Special Offerings
2/11 Tim/Mary 2/18 Rick/Patrick 2/25 Ellie/Mary 3/4 Tim/Elle	Feb. 4 <b>\$ 4,297.93</b>	Feb. 4 <b>\$178.79</b>	February <b>\$ 4,476.63</b>	<b>Monthly Budget \$14,432</b>	