

Parish Life March 9 - 17

Saturday, March 9 *40 Martyrs of Sebaste/Memorial Sat.*

- 5:30pm Moleben to 40 Martyrs
- 6:15pm Memorial for Departed Monastics
- 6:30pm Great Vespers
- 7:20pm Confessions

Sunday, March 10 *Cheesefare Sunday—Forgiveness Sunday*

- 9am Sunday School
- 10am Divine Liturgy
- 12pm Fellowship Hour (*Cheesefare Potluck*)
- 12:30pm Bread Ministry (*Collins, Hannah, Karis*)
- 5pm Forgiveness Vespers

Monday, March 11 *Clean Week/1st Week of Great Lent*

- 8am Matins
- 9am Confessions
- 6:30pm Great Compline w/St. Andrew Canon
- 7:45pm Confessions

Tuesday, March 12

- 8am Matins
- 9am Confessions
- 6:30pm Great Compline w/St. Andrew Canon
- 7:45pm Confessions

Wednesday, March 13

- 8am Matins
- 9am Confessions
- 6pm Liturgy of Presanctified Gifts
- 7:20pm Soup & Salad Meal w/Lenten Reflection

Thursday, March 14

- 8am St. Andrew Canon (Wed. portion)
- 9am Confessions
- 6:30pm Great Compline w/St. Andrew Canon
- 7:45pm Confessions

Friday, March 15

- 11am Liturgy of Presanctified Gifts
- 6pm Young Adult/College Student Lenten Dinner & Talk with Fr. Erickson

Saturday, March 16 *St. Theodore Saturday – Lenten Day Retreat*

- 10:40am Memorial & Prayers
- 11am - 3:30pm Lenten Retreat
- 3:30pm Great Vespers
- 4:20pm Confessions

Sunday, March 17 **SUNDAY OF ORTHODOXY**

- 9am Sunday School
- 10am Divine Liturgy
- 12pm Fellowship Hour (*Team I*)
- 12:30pm Bread Ministry (*Bert, Teresa*)
- 5:30pm Pan-Orthodox Vespers for Sunday of Orthodoxy
at St. Andrew Antiochian Orthodox Church (Lexington)



Saint Athanasius

ORTHODOX CHURCH

Sunday, March 10, 2019

41st Sunday After Pentecost

Forgiveness Sunday / Cheesefare Sunday

Epistle Reading: 13:11-14:4 Gospel Reading: Matt. 6:14-21



Forgiveness Vespers 2016

His Beatitude Tikon, Archbishop of Washington,
Metropolitan of All America and Canada
His Eminence Alexander, Archbishop of Dallas and the South
Reverend Justin Patterson, Rector
Church Office Phone: 859-881-8144
Fr. Justin Cell: 859-361-2823
Office Email: officeasst@athanasiusoca.org
Fr. Justin Email: priest@athanasiusoca.org
100 Lime Lane, Nicholasville, Kentucky 40356
www.athanasiusoca.org

**Cheesefare Potluck today for fellowship/coffee hour.
Today is the last day we eat dairy products until Pascha.**

Please keep in Prayer those who will be entering the Orthodox Faith on Palm Sunday at the hand of Archbishop Alexander—David Kidwell, Aisling Cornett, Stephen Paul Adams, Emily Adams, Ross McClure, Renee Smothers, and Zach Huffman. Zach, husband of Yekaterina and father of Iunia and Aleksandra, will be enrolled today as a catechumen.

Great & Holy Lent begins with Forgiveness Vespers this Sunday at 5pm.

Clean Monday, March 11 begins “*Clean Week*” the strictest fasting week of the year. **Matins** will be offered Monday, Tuesday, Wednesday at 8am followed by confessions. **Great Compline w/St. Andrew Canon** service will at 6:30pm followed by confessions on Monday, Tuesday, and Thursday. On Wednesday, March 13 we have our first **Liturgy of Presanctified Gifts** at 6pm followed by a soup & salad meal in the parish hall (see the online sign up emailed to you). Thursday at 8am Father will pray the St. Andrew Canon (Wednesday portion) and also hear confessions. Friday, March 15 at 11am **Presanctified Liturgy** will be served. You are encouraged to attend as many of these services as your schedule permits. All Lenten Services are posted on the website and in the Lenten Guide 2019.

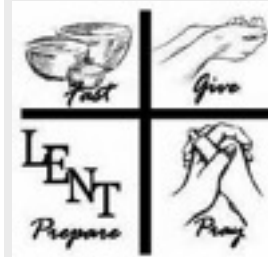


The Very Reverend John H. Erickson will be our guest next weekend. Fr. Erickson is a former dean of St. Vladimir’s Orthodox Theological Seminary, where he also taught canon law and church history. Fr. John will meet with our young adults and college students on Friday, March 15 in the parish hall for a Lenten Dinner and discussion on contemporary issues.

On Saturday, March 16, Fr. Erickson will present “*A Lenten Journey: Where are we going? How will we get there? Where are we now?*” The day begins at 10:40am with opening prayers and the first session starts at 11am. Lunch will be provided at 12:30pm; session 2 begins 1:15pm and session 3 at 2:30pm. We end the day with **Great Vespers** at 3:30pm followed by confessions.

On Sunday, March 17—**Sunday of Orthodoxy**—Fr. John will preside and preach at our Divine Liturgy. He will also preach at the **Pan-Orthodox Vespers Service** at 5:30pm at St. Andrew Antiochian Orthodox Church in Lexington.

Date	Bread Ministry	Doorkeeper	Greeter	Fellowship Hour	Prospora	Counter
3/10	Collins&Hannah Kamau, Karis	Linda Frangedakis, Shannon, Myra	John Mize	Cheesefare Potluck	Alina Rizea Rusu	Patrick Mooney Ellie Sutter
3/17	Bert Smith Teresa Hall	Paul Frangedakis	Rebecca Wilson	Team I Naughton	Sarah Holiday	tba Tim Powell
3/24	Ben Worthington Renee Smothers	Chris Naughton, Verity, Mandariah	Josh Lourie	Team II Werner	Hannah Kamau	Ellie Sutter Tim Powell
3/31	Sue Clark Anna Rij	Linda Frangedakis, Shannon, Myra	John Mize	5th Sunday Team	Hannah Kamau	Tim Powell Ellie Sutter



Clean Week—March 11 to 15—Fasting Guidelines

- Practice *xerophagy (dry eating)*—eating extremely simple foods like nuts, vegetables, fruits, bread. This helps us spend less time on food prep, yet keeps up our strength for prayer and labors.
- Be as strict as you can without causing sickness or endangering self & others.
- Cooked Lenten meal mid-week after Liturgy of Presanctified Gifts and on Friday evening.
- By practicing these guidelines, you should have more time for prayer and worship services.

Suggestions for Almsgiving/Prayer

1. St. Nektarios Medical Center in northern Uganda—a joint outreach of St. Philip the Apostle Orthodox Church Tampa and the Orthodox Church of Uganda. (See letter and poster on bulletin board in parish hall.)
2. Orthodox Youth Mission Team 2019—a group from our parish is going to a poor county in Appalachia (right here in KY) for a week in July to help with needed repairs. (*donations needed*)
3. Orthodox Christian Mission Center (OCMC)
4. International Orthodox Christian Charities (IOCC)
5. Jessamine County Food Pantry (JCFP) (*volunteers needed*)

PARISH SPRING CLEANING DAYS: APRIL 13, 15, 16. CHURCH WILL BE OPENED AT 9AM AND REMAIN OPEN UNTIL 8PM ALL DAYS, SO YOU CAN COME AND GO AT YOUR CONVENIENCE. AN ONLINE SIGNUP WILL BE EMAILED TO YOU THE WEEK BEFORE.

The St. Emmelia Orthodox Homeschool Conference is being held April 4-7. See poster on bulletin board in parish hall for details.

ST. JOHN’S SUMMER CAMP EARLY BIRD REGISTRATION—TILL MARCH

GIVE SECURELY ONLINE AT ATHANASIUSOCA.ORG/GIVE

Date	Tray Offering	tithe.ly	wkly total	mthly total	Special Offering
2/24	\$3,102.41	\$1,105.24	\$4,207.65	\$15,711.07	none
3/3	\$2,857.00	\$987.93	\$3,844.93	\$3,844.93	Bldg. \$25