

Introduction to Orthodoxy Series: Fall 2016

Handout for Part 4: Sin, the Passions, and Ascesis

“8 Deadly Passions” and Some Corresponding Virtues

Pride (Humility)

Lust (Pure Desire for Love)

Gluttony (Moderation)

Greed (Generosity)

Anger (Meekness/Love)

Sloth/*Akedia* (Diligence)

Envy (Desire for Good)

Vainglory (Discernment)

